## **Contraception and Sexual Health**

### **Practice Information**

Last updated: Jan 2024



### **General Information:**

Please use the Web Portal Contraception and Sexual Health Access to make claims for patients who qualify for this service.

### **Programme Objectives:**

- To remove social and financial barriers to accessing contraceptive services and sexual health checks for young people, this includes clinician consult and Rx fees.
- To enable a wide range of access points to sexual health services.
- To ensure that the service is acceptable to young Māori.
- To increase equity of access to contraception in general practice for low-income women and those living in deprivation.
- To reduce poor health and social outcomes for women and infants associated with unplanned pregnancy and birth.
- Provide more women with support for their decision making about their fertility and when to have children.

### **Eligibility Criteria:**

- 1. Anyone under the age of 25years.
- 2. Any women 25 years and older who:
  - a) are enrolled in a West Coast general practice and
  - b) live in quintile 5 areas; or
  - c) hold a community services card; or
  - d) are high risk of an unplanned pregnancy and poor health and social outcomes, such as:
    - i. Māori, Pacific
    - ii. disability service users
    - iii. Oranga Tamariki residential or foster care
    - iv. users of Community Alcohol and Drug services
    - v. users of Residential or Community Mental Health services
    - vi. high users of maternity services
    - vii. exceptions on a case-by-case basis

### Programme processes:

### Under 25-year olds:

- The practice will endeavour to make their services youth-friendly (see the RNZCGP Assessment tool for youth friendly primary care for helpful suggestions).
- The practice will deliver a service that is acceptable to young Māori.

## **Contraception and Sexual Health**

### **Practice Information**

Last updated: Jan 2024



- Services may be provided to enrolled or casual patients, with the exception of subdermal or IUD devices which are only available to enrolled patients through this programme.
- Only one claim may be made per visit. A separate claim for an STI check and a contraception service cannot be made on the same day for the same patient.

#### High Need women ≥25 years of age:

Contraception services, including subdermal, or IUD devices, may be provided to
enrolled patients only. The service does not cover STI consultations or repeat follow up
prescriptions or consultations.

#### **Both groups:**

- Services may be provided by general practitioners or nurses, with each practice determining which practitioner will provide each service.
- Visits for subdermal or IUD procedure (insertion, removal and/or replacement) are firstly
  made for a consult and the subsequent visit paid at the procedure rate. Co-pay must be
  requested with this initial consultation for people over the age of 25 years
- For all prescriptions issued, please ensure the <u>script is stamped or marked with the</u> <u>"West Coast Health Contraception Programme"</u> to ensure they do not incur Rx fees at the pharmacy. This includes scripts for condoms.

# **Contraception and Sexual Health**

### **Practice Information**

Last updated: Jan 2024



Payments: (GST inclusive) as of 1st January 2024:

Contraception and Sexual Health Service	l Health Service Enrolled		Casual	
	Up to 24	HN	Up to	18-24
	yrs	Women	18 yrs	yrs
		≥25 yrs		
Contraception Consult	\$19.50	\$14.50	\$45	\$62
STI Consult	\$19.50	NA	\$45	\$62
Repeat Prescription/Follow up	\$19.50	NA	\$30	\$30
Consultation (1st LARC): CSC Non VLCA	\$19.50	\$12.61	NA	NA
Consultation (1st LARC): Non-CSC VLCA	\$19.50	\$27	NA	NA
Insertion of IUD or implant or removal of	\$186.56	\$186.55	NA	NA
implant or replacement of the same device				
<ul> <li>Subdermal implant insertion (jadelle)</li> <li>Subdermal implant removal (jadelle)</li> <li>LIUS insert (mirena/jaydess)</li> <li>IUD insert</li> <li>Subdermal implant replacement</li> <li>IUD replacement</li> <li>LIUS replacement</li> </ul>				
IUD removal and implant insertion	\$278.48	\$278.48	NA	NA
<ul><li>IUD removal and implant insertion</li><li>LIUS removal and implant insertion</li></ul>				
Implant removal and IUD insertion	\$373.12	\$373.12	NA	NA
<ul><li>Implant removal and IUD insertion</li><li>Implant removal and LIUS insertion</li></ul>				
Removal of an IUD	\$91.92	\$91.92	NA	NA
<ul><li>Removal of IUD</li><li>Removal of LIUS</li></ul>				