# **Mental Health Extended Consult**

#### **Practice Information**

Last updated: Sept 2024



#### **General Information**

Please use the Web Portal Mental Health Extended Consult for patients who qualify for this claim.

## **Programme Objectives:**

- To support General Practice to improve health outcomes and decrease inequalities for the enrolled population with mild to moderate mental health needs.
- To reimburse General Practices for time used by unexpected extended consultations.

### **Eligibility Criteria:**

• The patient must be enrolled with PHO.

### **Programme Processes:**

- Consultations are for assessment purposes by a GP, NP, Practice Nurse or a nurse working in an extended role;
- Extended consultations cannot be used for follow-up appointments or booked in advance:
- Preference should be given to patients with known poorer health outcomes i.e. High Need patients;
- The length of consultation must be greater than 20 minutes over the standard consultation time of 15 minutes (i.e. 35 minutes), before an extended Mental Health consult can be considered;
- Only one consultation may be claimed for any one patient in any twelve-month time period;
- Each practice will be capped at 8 consultations per six months per 1000 enrolled patients;
- The patient may still be charged the co-payment.

## Payment:

\$60 (GST inclusive) will be paid for consultations exceeding 20-minutes above the standard 15-minute appointment.

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