

Mental Health Extended Consult

Practice Information

Last updated: Jun 2026



General Information

Please use the Web Portal Mental Health Extended Consult for patients who qualify for this claim.

Programme Objectives:

- To support General Practice to improve health outcomes and decrease inequalities for the enrolled population with mild to moderate mental health needs.
- To reimburse General Practices for time used by unexpected extended consultations.

Eligibility Criteria:

- The patient must be enrolled with West Coast Health PHO.

Programme Processes:

- Consultations are for assessment purposes by a GP, NP, Practice Nurse or a nurse working in an extended role;
- Extended consultations cannot be used for follow-up appointments or booked in advance;
- Preference should be given to patients with known poorer health outcomes i.e. High Need patients;
- The length of consultation must be greater than 20 minutes over the standard consultation time of 15 minutes (i.e. 35 minutes), before an extended Mental Health consult can be considered;
- Only one consultation may be claimed for any one patient in any twelve-month time period;
- Each practice will be capped at 8 consultations per 1000 enrolled patients per year
- The patient may still be charged the co-payment.

Payment:

\$60 (GST inclusive) will be paid for consultations exceeding 20-minutes above the standard 15-minute appointment.

Questions or Feedback?

Please contact the West Coast Health
Clinical Quality Team

Top Floor,
163 Mackay Street
Greymouth, 7805
Phone: +64 3 768 6182

QualityTeam@westcoasthealth.nz